

# EXTREME ACIDOSIS

IN CARDIAC ARREST

HOW **LOW** CAN YOU GO?

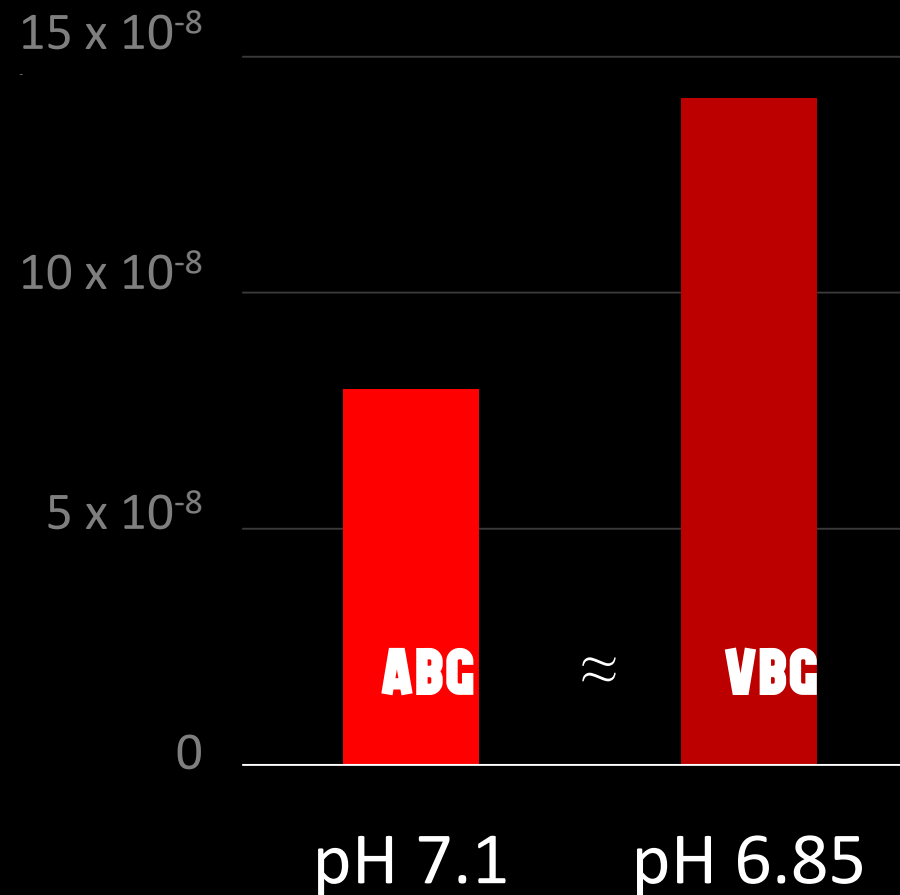
# ACIDOSIS

PHYSIOLOGY

PROGNOSIS

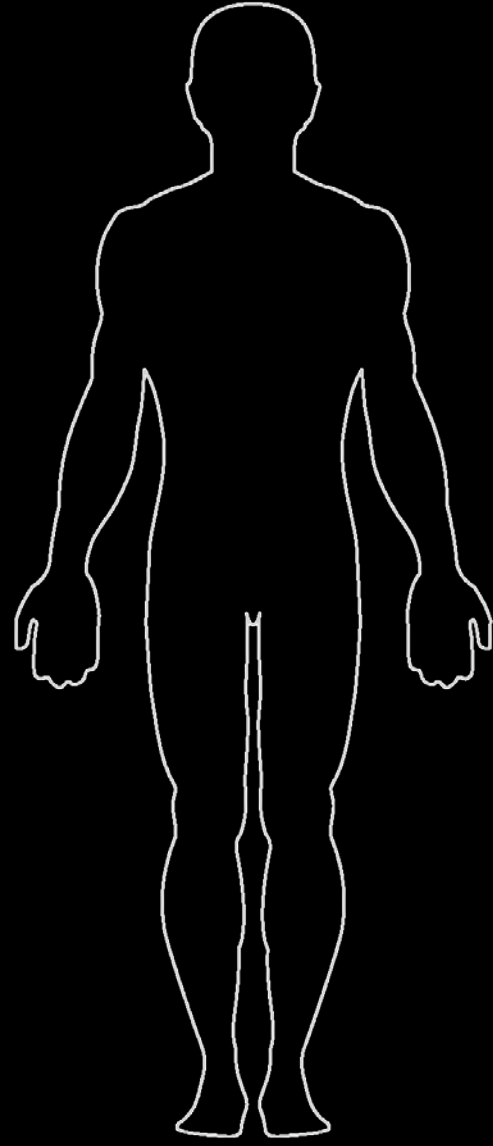
LOWER LIMITS

## Different H<sup>+</sup> concentrations in cardiac arrest



**METABOLIC**  
(always)

↓ **BE** 1mmol  
/min



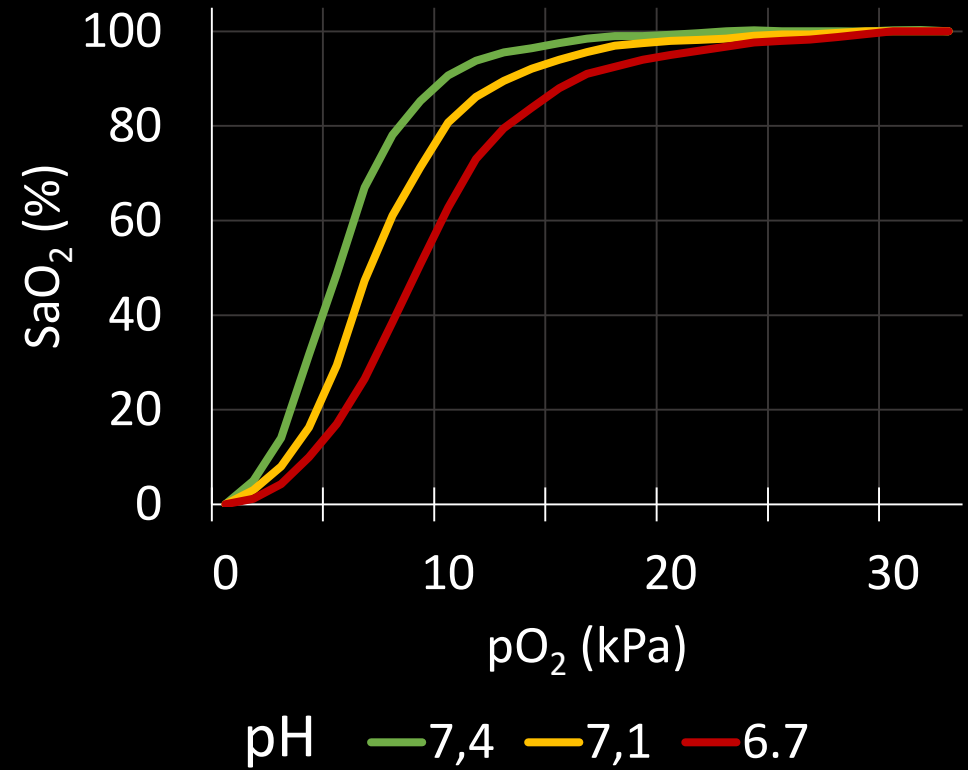
**RESPIRATORY**  
(often)

Dead space?

(CPP = Coronar Perfusion Pressure)



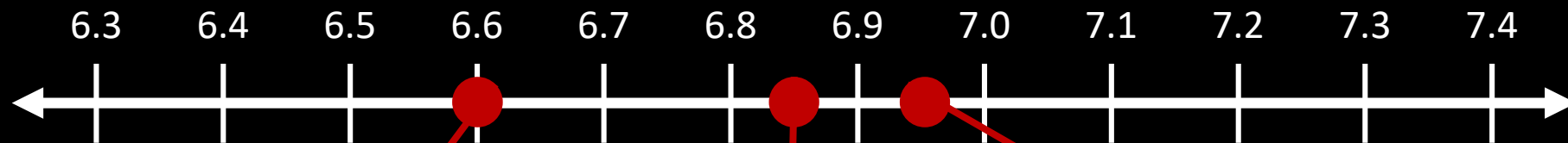
Arrhythmic  
Inotropy ↓



**INCREASE  $F_{iO_2}$ ?**



SaO<sub>2</sub> 94-98% ✓



ICU

NON-  
ARREST

GRAND  
MAL





✓ PHYSIOLOGY

PROGNOSIS

LOWER LIMITS

# PROGNOSIS



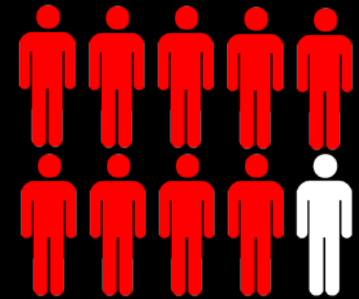
**ED**



**ICU**

**PH < 7  
& WITNESSED**

admitted to ICU



10% survived

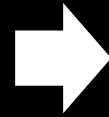
# PROGNOSIS



**PRE-HOSPITAL**



**ED**



**ICU**

**EARLY ACIDOSIS**

did **NOT** predict  
hospital admission

**PH < 7  
& WITNESSED**

admitted to ICU



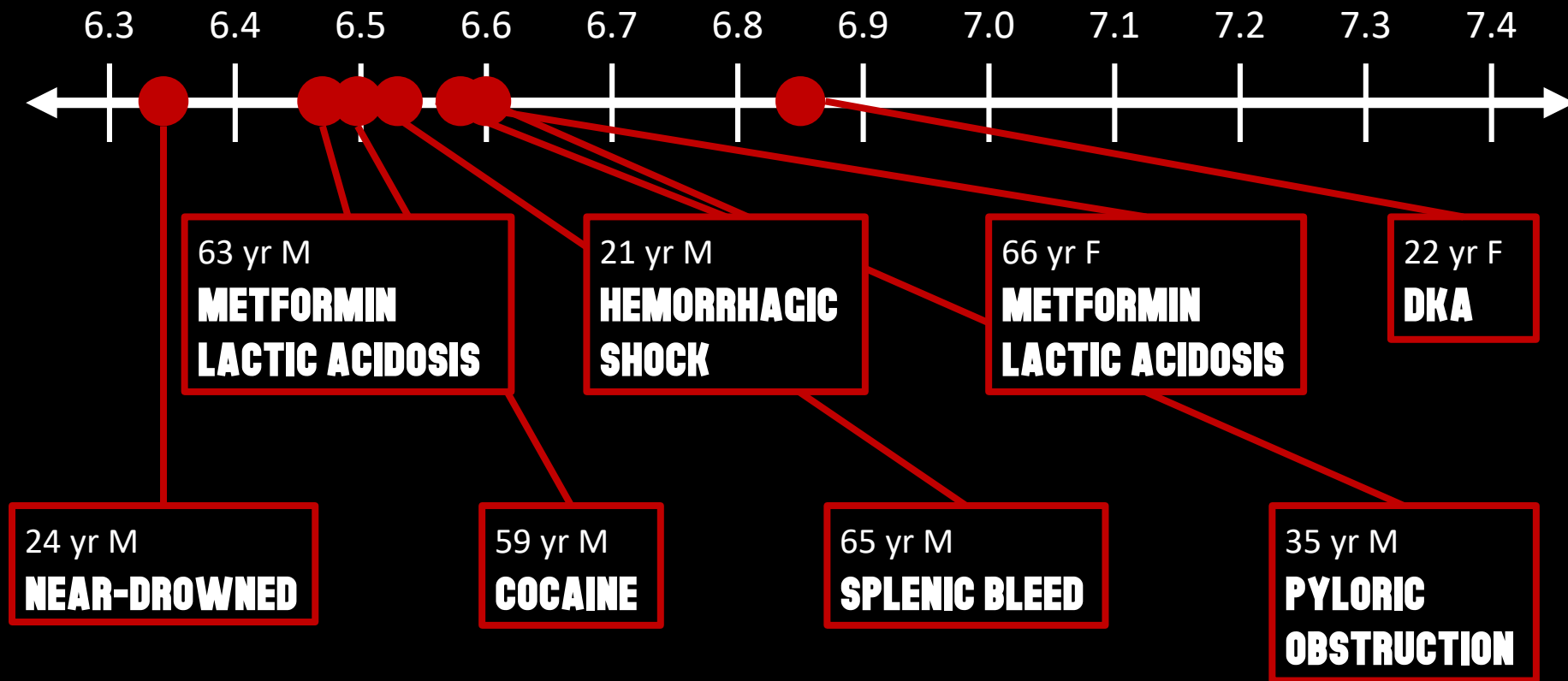
10% survived

✓ PHYSIOLOGY

✓ PROGNOSIS

LOWER LIMITS

# CARDIAC ARREST + EXTREME ACIDOSIS



1

PH IN ARREST:  
**ABG  $\neq$  VBG**

2

**EXTREME ACIDOSIS:  
NEEDS HIGH FIO<sub>2</sub>**

3

**PH** ↓ = **PROBABLY  
WORSE  
PROGNOSIS**  
IN ED

4

**PRE-ARREST ACIDOSIS =  
EXTREME ACIDOSIS **SURVIVABLE****